
PRESS RELEASE

FOR IMMEDIATE RELEASE
17 October 2018

THE 4TH BODYMINDSOUL CARNIVAL OF 2018 ***“Reuniting Hearts” To Bring Love, Joy & Gratitude To The Community***

PETALING JAYA, SELANGOR, 17 October 2018 – The bodymindsoul Carnival will come full circle with “Reuniting Hearts” as its theme for the 4th instalment of their 2018 Carnival Series. Back to where they first held their inaugural bodymindsoul Carnival in 2017, they are set to amaze visitors again at Commune, Level 5, Sunway Velocity Mall, 24 & 25 November 2018, 10am – 10pm. Admission is free.

This bodymindsoul Carnival will be about connecting and reuniting with one’s own heart, and with the hearts of family and friends. It is about celebrating all accomplishments in life, no matter how big or small. Above all, this Carnival is about re-discovering the love that is within each and every one of us, and what it means to live in the freedom of that love which is experienced only by reuniting hearts.

Amongst the many free activities are meditations, sound healing, dance workshop, yoga, health and wellness sharing, educational children’s activities and others that all visitors will find exciting and beneficial in many ways.

“Our four carnivals in 2018 is like a journey of life. From “Inspire Hope” through to “Empowering Self” and “Attracting Abundance”. Now, we are “Reuniting Hearts” – Life is indeed beautiful and with that shared sentiment, we invite everyone to join us to celebrate Life in this concluding Carnival of the year!” said Yeoh Lee Lee, the Chief Editor of the bodymindsoul Magazine.

To spread the good vibes of love and positivity, the bodymindsoul Carnival will have its signature “Free Hugs Parade” team, comprising children and adults, going around the mall to offer free hugs and smiles to everyone.

Participating booths at the Carnival include those who are passionate to share alternative options, holistic wellness solutions, natural and eco-friendly products and services e.g. stress level test, oracle card readings, natural skincare products, aromatherapy, energy healing, vegetarian or vegan health products, foot massage, and others.

The bodymindsoul Carnival continues to set aside booths for selected NGOs. Sponsored by generous contributors, Carnival exposure supplements the efforts put in by these NGOs to raise public awareness about their causes. At the same time, Carnival participation helps them develop self-sustainability to continue their good work.

“The Carnival has positive solutions for all aspects of life, be it physical, emotional, mental or spiritual. All solutions and activities are universal and non-religious. The children’s corner is especially great for family bonding!” said Vivien Loh, the Senior Event Manager of the bodymindsoul Carnival.

With all the activities and programs designed towards “Reuniting Hearts”, visitors will be inspired and transformed in a most wholesome way. Something will stir from within and visitors will remember beautiful ways of connecting with family and friends, thereby creating a more enriched community filled with love, joy, peace, and gratitude. All through this great reunion of hearts on 24th and 25th November.

Register now @ <http://bit.ly/bmsCARNIVALnov2018>

For more details, please visit :

Website : <https://bodymindsoul.com.my/>

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About The Golden Messengers Sdn Bhd

The Golden Messengers Sdn Bhd is a subsidiary of The Golden Space (M) Sdn Bhd. The Golden Messengers constantly inspires to create a bold image of Holistic Wellness through the bodymindsoul Magazine and the bodymindsoul Carnival.

Organised by The Golden Messengers, the bodymindsoul Carnival is a platform to promote awareness of holistic wellness, and for like-minded people to share their experiences, products and services to transform the community. The bodymindsoul Magazine serves as the official magazine for the Carnival and all other events organised by The Golden Messengers Sdn Bhd.

For more information, go to <https://www.bodymindsoul.com.my/>