
PRESS RELEASE

FOR IMMEDIATE RELEASE
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THE 2ND BODYMINDSOUL CARNIVAL OF 2018 *“Empowering the Community to be wiser and stronger”*

PETALING JAYA, SELANGOR, 14 May 2018 – The success of the 1st bodymindsoul Carnival of 2018 spurs the bodymindsoul team on to the second leg of their four-part 2018 Carnival series. To be held on 2 & 3 June 2018, at The Square, Publika Shopping Gallery, Kuala Lumpur, from 10am – 10pm, the theme of the 2nd bodymindsoul Carnival is “Empowering Self”. Admission is free.

Having inspired hope in the visitors at the March 2018 Carnival, this upcoming Carnival will enrich and empower individuals with the tools, knowledge and wisdom to boost their self-confidence, grow their self-esteem, build their self-regard, to be better, wiser and stronger individuals.

To encourage the spirit of giving back to society, the team is organising a customised, empowering workshop at the Carnival for children from selected homes. The objective is to increase their self-esteem and to guide them in looking forward to living a positive life. To achieve this, the organisers are looking to collaborate with companies and individuals who are passionate about supporting and benefiting these children.

As with previous Carnivals, there will be a designated sponsored corner for NGOs and/or single mothers, as a platform to promote self-sustainability in these marginalised communities.

Visitors can expect to be feted with lots of free events such as, Experiential Meditation, Sound Bath Healing, empowering talks and activities.

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The Enchanted World of Mother Earth has a line-up of many enriching and empowering activities for children e.g. Junior Meditation, Pre-loved Toys and Books Exchange Corner, educational hands-on workshops and many more fun activities.

Among the variety of participating booths, are like-minded vendors promoting natural skincare products, organic foods and beverages, stress-free solutions and holistic wellness healing and services e.g. Oracle / Tarot Card Readings and Stress Level Scanning (Biowell).

With all the activities and programmes designed towards “Empowering Self”, visitors will go home transformed. They will be enriched and empowered with the tools, knowledge and wisdom to live a more confident and positive life for themselves, filled with love, joy, gratitude and harmony.

Register now @ bit.ly/bmscarnival062018

For more details, please visit :

Website : www.bodymindsoul.com.my
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About The Golden Messengers Sdn Bhd

The Golden Messengers Sdn Bhd is a subsidiary of The Golden Space (M) Sdn Bhd. The Golden Messengers constantly inspires to create a bold image of Holistic Wellness through the bodymindsoul Magazine and the bodymindsoul Carnival.

Organised by The Golden Messengers, the bodymindsoul Carnival is a platform to promote awareness of holistic wellness, and for like-minded people to share their experiences, products and services to transform the community. The bodymindsoul Magazine serves as the official magazine for the Carnival and all other events organised by The Golden Messengers Sdn Bhd.

For more information, go to <https://www.bodymindsoul.com.my/>